



MONTHLY NEWSLETTER  
except July & August



**NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES  
ASSOCIATION, BREMERTON CHAPTER 181**

P.O. Box 5025, Bremerton, WA 98312-0462

**March 2011**

**NUMBER 03-11**

**General Meeting Date & Time:** March 14, 2011, 1:00PM

**Meeting Place:** Westside Improvement Club (479-9061)  
National Avenue & 'E' Street, Bremerton, WA

**Program: JULIE MOORER, RN, UW/VA MEMORY WELLNESS PROGRAM  
POWERPOINT PRESENTATION ABOUT ALZHEIMER'S**

*NARFE is recognized as the association devoted exclusively to serving and protecting the earned entitlements, rights and benefits of all federal retirees, employees and survivors.*

**PROGRAM**

Bill Powers

Julie Moorer, RN, is a highly sought speaker and we are pleased to have her give us a presentation on Alzheimer's. To preview information about the Memory Wellness Program, please visit <http://depts.washington.edu/memorywe>.

**UPCOMING EVENTS:**

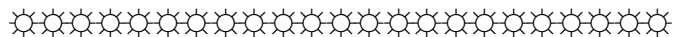
\*Daylight Saving Time Begins **March 13<sup>th</sup>**

\*District IV Workshop, Sons of Norway Hall  
8891 Front Street NE, Poulsbo  
8:30AM – 3:00PM **March 17<sup>th</sup>**

\*Chapter Meeting **April 11<sup>th</sup>**

\*Chapter Meeting **May 9<sup>th</sup>**

\*Federation Convention  
Mirabeau Park Hotel, Spokane **May 15<sup>th</sup> – 17<sup>th</sup>**



**PRESIDENT**

George Eads

I will be attending the Legislative Conference March 5<sup>th</sup>-8<sup>th</sup> in Washington D.C. We will meet with our elected representatives from all over the country and hopefully indicate to them that cutting and reducing federal employees' (active and retired) earned benefits is not the only way to balance the Federal Budget. The following is from the February 25<sup>th</sup> GEMS: **Fight Back by Telephone on March 8<sup>th</sup>:** On Tuesday, March 8<sup>th</sup>, nearly 300 NARFE officers and activists are scheduled to descend on Capitol Hill to meet with their lawmakers as part of NARFE's biennial Legislative Training Conference.

**DISTRICT WORKSHOP PROGRAM**

Bill Powers

**There is a \$12.00 reservation charge for lunch, coffee, and pastries. Please make checks payable to Bill Powers.**

- **"How Can You Protect Your Benefits?"** PowerPoint presentation
- **"Scams and Personal Security"** presentation by Community Resource Officer, Deputy Schon Montague
- **Topics to be Announced:** Mendy Droke, Jay Inslee's Special Legislative Assistant for Kitsap County
- **St. Patrick's Day Luncheon** Corned beef on rye sandwiches with cheese, potato salad, and split pea soup
- **Installation of Bob Johns**, new president of Poulsbo Chapter 881
- **F-100, "Be Prepared for Life's Events"** by District IV Service Officer, Ralph Angulo, and Chapter 181 Service Officer, Megan Winans
- **"Legislative Training Conference"** by George Eads, Chapter 181 President and Lanny Ross, Regional Vice President, Region IX

Leverage their attendance with your voice by calling toll free to your Congressional member on March 8<sup>th</sup>. The toll free number for reaching the Capitol switchboard is 1-866-220-0044. Once connected to your lawmaker's office, NARFE members should say: ***"Federal workers and retirees have already sacrificed pay and benefits. Don't single us out by making more cuts to the retirement and health benefits we earned through years of serving the public."***

I encourage you to attend both the District Workshop and the Federation Convention. There is good information and training provided for all members at these events.

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## President Cont.

I am personally thankful for your support and that of all those serving on the Board. I encourage all members to come to our Chapter meetings and to bring a friend.

### CALL TO ACTION

President Beaudoin sent a letter to all 435 Representatives urging them to vote against amendment #569 to H.R. 1. The amendment would ban step increases for federal employees. The following Washington State Representatives supported NARFE by voting against the amendment: Norm Dicks; Jay Inslee, Rick Larsen, and Jim McDermott.

**What you can do: Call, write, or email these Representatives and thank them for their support!**

### MEMBERSHIP

Ralph Sanders

Thanks to all of you who have taken advantage of the Dues Withholding Program or are paying their dues in multiple years. Both programs save you and NARFE money. Also I cannot forget all of you who choose to pay your dues annually, on time, year after year. You are all important to the organization and you all make a difference.

As of January 1, 2011 our dues structure changed. Following is a partial breakdown of the structure. First year new member fee is \$45. Annually renewing member, Chapter 181, one year \$50, two years \$92 and three years \$132. Choosing Dues Withholding will save you \$6 per year. For Chapter 181 members, OPM will deduct \$3.66 per month from your annuity. Active federal employees (AFEs) are not eligible for the Dues Withholding Program. AFEs were grandfathered in for renewal purposes only. New member AFEs will pay the same rate as retired members.

The following members were dropped for non-renewal: Walter Allen, Anthony Caldier, Terry Druliner, Philip Fliieger, John Graham, Carole Gregory, Donald Hart, Gerald Patraw, Bennie Peterson and Margaret Weems. If you know any of these members please contact them about renewing their membership.

Welcome to those members who are new or have reinstated their membership in our Chapter: Valerie Erickson, Craig Hanagami, Judith Hansen, Robert Henderson, James Houk, Gordon McKay, Mary Peterson, Eleanor Prohaska, Kenneth Puryear, Daryl Rice, Frank Sheberle and Bonnie Stouffer. Thank you for becoming a member of NARFE. We appreciate your membership and hope that we may be of service to you.

### DID YOU KNOW?

- ✓ NARFE has begun a campaign called "Protect America's Heartbeat" in response to attacks on federal workers and retirees. See page 38 of your March NARFE magazine or go to [www.ProtectAmericasHeartbeat.org](http://www.ProtectAmericasHeartbeat.org)

- ✓ March is NARFE-PAC month; bring your contribution to the March membership meeting or use the coupon on page 22 of your March NARFE magazine.

### SERVICE OFFICER

Megan Winans

With this gorgeous weather that is here - for a while anyway - I keep thinking of Spring and summer travels. At our age, it's important to make sure we have important papers with us such as a list of important family members, and copies of your Federal Health Insurance card, your Social Security card and, for some of you, your retired military ID card. Behind my health insurance card in my wallet, I have a list of prescription drugs that I take. These are things you should have with you whenever you travel. And make sure your family members know where you put this information.

Something else I do is let one of my neighbors know when I am going to be out of town. They can check for newspapers or any large packages left on my doorstep. Also, if I am gone for more than a few days, I put a hold on my mail.

Just another small reminder: **DO NOT** wait until April 15<sup>th</sup> to realize you have not done your Income Taxes! It's difficult to come up with a good excuse for the IRS!

### TAX-AIDE OFFERS FREE INCOME TAX RETURN PREPARATION AND FILING

The IRS and AARP jointly sponsor a program staffed by volunteers to prepare and file income tax returns electronically at no cost to the taxpayers. Although intended for elderly and low-income families, all taxpayers are welcome. However, a taxpayer's return requiring the reporting of significant business income or loss, any rental income or First-Time Homebuyer credit is beyond the scope of this program. Tax-Aide volunteers are prepared to handle most other 2010 tax law changes.

Taxpayers **MUST** bring: **(1)** photo identification, **(2)** social security cards for all persons on the tax return, **(3)** all 2010 tax documents, such as statements of income from wages, retirement, social security, interest, dividends and brokerage statement & **(4)** your checkbook or other document from a financial institution that shows the routing & account numbers for direct deposit of refunds. A copy of the taxpayer's 2009 return is useful for various reasons. If in doubt about the paperwork, bring it all and let us sort it out.

Please plan to arrive early. We try not to begin preparation of a new return during the last half hour before closing time to ensure that returns are completed before volunteers are expected to vacate the space used.

### Tax-Aide Sites

**February 1 through April 15, 2011**

Bainbridge Island Main Library, 1270 Madison Ave. N, B.I.  
Mon, Wed, and Fri: 10:30 AM to 1 PM  
Mon: 5:30 to 7:30 PM

**Tax-Aide Sites Cont.**

Givens Community Center, 26 Sidney Ave, Port Orchard  
Thu: 9 AM to 1 PM

Olympic College (Rm A-122C), 1600 Chester Ave. Bremerton  
Tue, Wed, and Thu 12:30 to 4:30 PM; Sat 11 AM to 3 PM

Port Orchard Library, 87 Sidney Ave. Port Orchard  
Sat 1 to 4 PM

Poulsbo Fire Dept Headquarters, 911 NE Liberty Rd, Poulsbo  
Thu 1 to 5 PM; Fri and Sat 10 AM to 2 PM

**Except for the following dates:**

Friday February 4<sup>th</sup>, Thursday February 10<sup>th</sup>, Thursday  
February 24<sup>th</sup>, Friday February 25<sup>th</sup>, and Saturday March 5<sup>th</sup>  
when the Tax Aide site will be at Hostmark Village Cove  
Apts. (Community Center Room off 6<sup>th</sup> Avenue)  
703 NE Hostmark St, Poulsbo

Sheridan Park Center, 680 Lebo Blvd. Bremerton  
Wed 9 AM to 2 PM; Thu 9 AM to 1 PM

Silverdale Community Ctr, 9729 Silverdale Way NW, Silverdale  
Tue and Thu 10 AM to 2 PM

Manchester Library, 8067 E. Main St. Manchester  
Mon 4 to 8 PM

St. Gabriel's Catholic Church, 1150 Mitchell Ave. Port Orchard  
Tue 9:30 AM to 3:00 PM

**PLEASE NOTE!**

**The Silverdale IRS office has relocated to the Land  
Title building at 9657 Levin Road**

**TAX HOTLINE**

OPM has established a tax hotline where retirees can call to  
change their federal tax withholding on their annuity  
payments. The number is 1-800-307-8298.

**TREASURER**

Rex Tauscher

Our income since 1 January was \$976.49 with  
expenditures of \$2,245.24. Our Net Worth as of 21  
February was \$38,460.18. A detailed treasurer's report  
will be available at our next general meeting.

Our yearly audit of our Chapter financial records was  
conducted prior to our February general meeting, thanks  
to Donald Palmer and Zora Davis. Audit findings will be  
available at our next general meeting.

Please save your receipts from Red Apple Markets in  
Bremerton, Kitsap Lake, Silverdale, and Poulsbo for the  
collection and payment of 1% of their grocery receipts. We  
collected \$198.96 during 2010; year to date for 2011 we  
have collected \$34.45. You can turn in the receipts to  
Norene Torkelson or me, or bring them to our next meeting.

**ALZHEIMER'S (ALZ)**

Rex Tauscher

The balance in our Alzheimer's account as of 21 February  
was \$1,084.20. Donations in the amount of \$65.00 were  
received since our last report thanks to donations from

Delfen Arreola, Loraine Brockerman, Robert Brown,  
Beatrice Bull, Arleen Irion, and Jean Lenihan.

**Please note:** Checks should be made out to "**NARFE  
Alzheimer's Research**" (NARFE is the key word and is  
required!).

Thank you for recycling your aluminum! If more of our  
1,200 members would drop off a few pounds each, it  
would greatly increase our donations for Alzheimer's  
research. The recycle center also takes copper and brass  
if you have any to donate.

**ALUMINUM DROP-OFF POINTS**  
▶ Westsound Recycle  
East Bremerton WalMart parking lot  
▶ Port Orchard Mall  
**Let them know your donation is for the Bremerton  
Chapter - NARFE 181**

**SUNSHINE COMMITTEE**

Norene Torkelson

Sympathy cards were sent to the families of Janet  
Chalupka (wife of member Donald Chalupka), George  
Greek, and Carl Smith. If you know of a Chapter  
member who is ill and should receive a get well card,  
please contact us so we can get a card out to them.

**NARFE SCHOLARSHIPS**

There are six \$1,000.00 NARFE Scholarships available  
in Northwest Region IX. They are open to children,  
grandchildren, stepchildren, and great-grand children of  
any NARFE member in good standing.

All applicants must be current high school seniors with at  
least a 3.0 GPA on a 4.0 scale. Detailed information and  
application forms will be in the February, March, and April  
editions of NARFE magazine and on the web at  
[www.narfe.org](http://www.narfe.org). Applications must be mailed by April 30<sup>th</sup>.

"Thank you!" to the **126** people who have signed up for  
the e-mailed newsletter! Remember, it saves our  
Chapter money, plus you have the benefit of receiving  
the newsletter sooner. If you would like this service,  
please contact me at [tbkbull@aol.com](mailto:tbkbull@aol.com).  
Thanks!! Bea Bull

Total Membership: 1225 Percentage receiving emailed  
newsletter: 10.3% (February was 9.9%)

**HELP WANTED**

**SERVICE OFFICER; 1<sup>st</sup> VICE PRESIDENT; and  
LEGISLATIVE CHAIR** Please contact George Eads  
at 698-6078 or Jean Lenihan at 308-8165

**PRESIDENT**

George Eads  
698-6078

**1<sup>st</sup> VICE PRESIDENT**

Vacant

**2<sup>nd</sup> VICE PRESIDENT**

Ralph Sanders

**SECRETARY**

Bill Powers

**ASSISTANT SECRETARY**

Zora Davis

**MEMBERSHIP CHAIR**

Ralph Sanders

**TREASURER**

Rex Tauscher

**ASSISTANT TREASURER**

Norene Torkelson

**SERGEANT AT ARMS**

Ed Saftich, Sr.  
373-8489

**IMMEDIATE PAST PRESIDENT**

Bill Powers

**SERVICE OFFICER**

Megan Winans

**CHAPLAIN**

Myra Clodius

**NEWSLETTER EDITOR**

Bea Bull

**EXECUTIVE BOARD MEMBERS**

**UNTIL 2011**

Bea Bull

Arleen Irion

**UNTIL 2012**

Gladys Berteaux

Donald A. Palmer

J. R. Seibold

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377-7917  
powersw@silverlink.net

**Region IX VP**

Lanny Ross  
692-9741  
[lannyjean@comcast.net](mailto:lannyjean@comcast.net)

**NARFE DISTRICT IV WEBSITE**

Webmaster – Bob Edwards  
[www.narfewadist4.org](http://www.narfewadist4.org)

**NARFE STATE WEBSITE**

[www.narfewa.net](http://www.narfewa.net)

**NARFE NATIONAL WEBSITE**

[www.narfe.org](http://www.narfe.org)

**SERVICE CENTER**

1140 Nipsic Avenue  
1<sup>st</sup> Tuesday of each month  
12:30 – 2:30 p.m.

**OUR ELECTED REPRESENTATIVES**

Senator Patty Murray  
950 Pacific Avenue #650  
Tacoma, WA 98402  
(202) 224-2621  
[www.murray.senate.gov](http://www.murray.senate.gov)

Senator Maria Cantwell  
915 – 2<sup>nd</sup> Avenue #512  
Seattle, WA 98174  
(202) 224-3441  
[www.cantwell.senate.gov](http://www.cantwell.senate.gov)

Congressman Norm Dicks  
345 – 6<sup>th</sup> Street #500  
Bremerton WA 98337  
(202) 225-5916  
[www.house.gov/dicks](http://www.house.gov/dicks)

Congressman Jay Inslee  
17791 Fjord Dr. NE #112  
Poulsbo, WA 98370  
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[www.house.gov/inslee](http://www.house.gov/inslee)