



MONTHLY NEWSLETTER
except July & August



**NATIONAL ACTIVE AND RETIRED FEDERAL EMPLOYEES
ASSOCIATION, BREMERTON CHAPTER 181**

P.O. Box 5025, Bremerton, WA 98312-0462

October 2011

NUMBER 08-11

General Meeting Date & Time: October 10, 2011, 1:00PM

Meeting Place: Westside Improvement Club (479-9061) National Avenue & 'E' Street, Bremerton, WA

Program: NOMINATION OF OFFICERS – THE PROGRAM IS YET TO BE DETERMINED

NARFE is recognized as the association devoted exclusively to serving and protecting the earned entitlements, rights and benefits of all federal retirees, employees and survivors .

UPCOMING EVENTS

***Chapter Meeting November 14th
Annual Health Fair and Election of Officers**

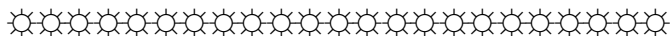
Vendors from the local area, along with representatives from the major Federal Health Plans, will be available from 10:00AM to 1:00PM to provide information and to answer your questions.

***Chapter Meeting December 12th
Holiday Luncheon and Installation of Officers**

PROGRAM

We will not have a Candidate's Day; October's program is yet to be determined.

Please come to the meeting prepared to nominate someone for office or to volunteer for a position.



PRESIDENT

George Eads

I feel we began our Fall Chapter meeting in a very good way with a nice lunch provided by the Willows. I wish we would have had more of our Chapter members attending. If you have any suggestions to make about getting our members to attend Chapter meetings, please let a member of the Executive Board know. We are always open to ideas that will strengthen Chapter 181. In last month's newsletter I encouraged each of us to invite a friend to either join NARFE or renew their membership. I feel we need to do all we can to

recruit and retain our members. This is the life blood of NARFE.

We all know these are perhaps some of the most difficult times for the need to protect and keep our hard earned benefits as federal employees, current and retired. Let your friends and acquaintances know that the benefits they enjoy can be taken away from them, and NARFE is the ONLY organization that is working to protect all federal employees' benefits. This has to be an ongoing effort. Share with them the NARFE magazine and explain what "Protecting the Heartbeat of America" really means to all of us.

If you are intending (planning) to run for a Chapter office or volunteer for a position, please let us know. We would definitely welcome you. Thanks for your support. We could not be effective without you.

CALL TO ACTION

Tell the "Super Committee" to protect our earned benefits!

What you can do:

- copy the letter on the next page, or compose one of your own;
- request a WORD document from the editor at tbkbull@aol.com

What you can do cont.

- come to the October membership meeting and sign a copy of this letter. We will mail it to Senator Murray.

Letter to Senator Murray:

Senator Patty Murray
The Commerce Building
950 Pacific Avenue #650
Tacoma, WA 98402

Dear Senator Murray:

I'm writing to express my concern that federal workers and retirees will be unfairly singled out for cuts in pay and benefits by the so-called "Super Committee" created as part of the recent debt-ceiling deal.

Federal workers and annuitants did not cause our budget crisis. Active federal employees have already accepted a two-year pay freeze to help solve it. But now, according to numerous reports, pay, FEHBP benefits and COLAs, are at risk of being cut.

Many federal retirees are living on fixed incomes and every single one Protected America's Heartbeat and served our nation proudly. Any cuts, or a move to a "chained CPI," could force some of these former public servants to choose between groceries and medicine.

I don't believe that is either fair or just - or a permanent solution to our budget problems. I believe in shared sacrifice as a nation, not singling out those who have ensured our air is healthy, dangerous infectious diseases are held in check, and our veterans are cared for.

As a constituent, I want you to know, and convey to all members of the Super Committee, that I am strongly opposed to any attacks on federal workers or retirees. Federal workers are the inspectors who ensure the food our families eat is safe and the federal intelligence officers who recently did their part to catch the world's most wanted terrorist. They Protect America's Heartbeat and they should not be made into budget scapegoats and singled out unfairly.

Sincerely,

(Be sure to include your name, address and phone number on your letter.)

MEMBERSHIP

Ralph Sanders

We are attempting to gather a slate of officers for our November elections. At this point it is a worn and battered collection of individuals, looking a lot like the group from last year. Anyone interested in any of the positions listed on the back of this bulletin please contact President Eads or any member of the Board. If you are just interested in the Chapter and how it functions, please come to an Executive Board meeting, held at the Elks Lodge in East Bremerton at 1:00 pm. Executive Board meetings are always held on the Wednesday before the general membership meeting. See you there.

We are again including in this newsletter the letter to Senator Murray. Please utilize it in any way you wish to communicate with our Congressional Delegation if you have not already done so. It carries the message that we need to share.

The following members were dropped for non-renewal: Toby Braverman, Sue Brooks, Edward Dorie, Mavis Kalmbach, Gloria Murphy, Jack Teach, Joan Vehrs, Carrie Wheeler and Ann Wochoer. If you know any of these members please contact them about renewing their membership.

Welcome to those members who are new or have reinstated their membership in our Chapter: Margaret Harnett and Randolph Hunt. We do appreciate your membership and if we may be of service please contact any Board Member listed in this bulletin.

DID YOU KNOW?

- ✓ Medicare covers 100% of an Annual Wellness Visit (AWV), which is NOT a physical. An Annual Wellness Visit does not require you to undress and is coded differently from a physical. Be sure to mention code number G0439 when making your appointment or you may be billed for a physical.
- ✓ The truth about federal pay: Federal employees are paid 22% less than their private-sector counterparts. Federal employees accept this pay disparity in return for deferred compensation during retirement. (Taken from "Protect America's Heartbeat")

PRESIDENT

George Eads
698-6078

1st VICE PRESIDENT

Vacant

2nd VICE PRESIDENT

Ralph Sanders

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Gladys Berteaux

Donald A. Palmer

J. R. Seibold

District IV VP

Bill Powers
377-7917
powersw@silverlink.net

Region IX VP

Lanny Ross
692-9741
lannyjean@comcast.net

NARFE DISTRICT IV WEBSITE

Webmaster – Bob Edwards
www.narfewadist4.org

NARFE STATE WEBSITE

www.narfewa.net

NARFE NATIONAL WEBSITE

www.narfe.org

SERVICE CENTER

Closed until further notice; contact Ralph Angulo, the District IV Service Officer at <http://www.narfewadist4.org/>; (360) 452-6592; or ralphangulo@yahoo.com

OUR ELECTED REPRESENTATIVES

Senator Patty Murray
950 Pacific Avenue #650
Tacoma, WA 98402
(202) 224-2621
www.murray.senate.gov

Senator Maria Cantwell
915 – 2nd Avenue #512
Seattle, WA 98174
(202) 224-3441
www.cantwell.senate.gov

Congressman Norm Dicks
345 – 6th Street #500
Bremerton WA 98337
(202) 225-5916
Local Number (360)-479-2126
www.house.gov/dicks

Congressman Jay Inslee
17791 Fjord Dr. NE #112
Poulsbo, WA 98370
(202) 225-6311
Local Number (360)-598-2342
www.house.gov/inslee

**SENIOR INFORMATION &
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360-337-5700 OR 1-800-562-6418**