





**NARFE Chapter 888**  
would like to extend our  
sympathy to the families  
of:  
**Norman V. Meyer**

**HOW TO REPORT THE DEATH OF A SPOUSE TO THE  
OFFICE OF PERSONNEL MANAGEMENT (OPM)**

Write to the Office of Personnel Management at P.O. Box 45, Boyers, PA 16045, ATTN: Y-Adjustment Request. In the letter, ask that your survivor benefit be terminated. Include a copy of spouse's death certificate and provide your Civil Service Annuitant (CSA) retirement claim number. If you do not have any other dependents eligible for coverage on your federal health plan, request that your enrollment be change to Self Only. At this time, you may want to request new Designation of Beneficiary forms for your retirement benefits and for your Federal Employees' Group Life Insurance.

**Carol Bailey**

**SERVICE OFFICER**

**NARFE MEMBERSHIP DROPS**

Chapter 888 has lost many members in the last year through death or non-renewal with very few new members or reinstatements. Once again, NARFE's clout in Washington D.C. depends on the number of its members. With the new budget talk in the government, there is much discussion about trimming our benefits so we need to work to increase our membership! Remember that NARFE is the only organization that is actively working to retain your federal employee benefits.

**MEMBERS DROPPED OR CANCELLED VOLUNTARILY**

Rose Walker, Theodore Van Auken, Thelma Eggleston, Tom Wilkin, Edward David Forbes, Eugene Dalrymple, George McCartney, Michael D Nelson

**MEMBERS TRANSFERRED OUT OF CHAPTER**

Howard Carter, Pritchard Miller, Pate Peavy, Jeanne Perkins, David Rolfs, Charles Williams, Leo Bellarts, Rodger Ingulsrud, Dan Urich, Ronald Wagner, Sharon Cain, Alan Thompson, William Ashby, Nicholas Ferderer, Leslie Hane, Harold Pettigrew, James RiffenburgSuye Carpenter, Ray Whitmore, Robert Dains, Robert Hofferber, Robert Paulsen

Please call me (360-769-9670) or send me an email ([elainhay@aol.com](mailto:elainhay@aol.com)) if you have any suggestions or if you would like to be involved in any way with NARFE Chapter 888, Port Orchard.

**Elaine Haywood**

**MEMBERSHIP**

**WOW**, did you read the Alzheimer's Update in our September NARFE catalog? If not, you'd better stop and turn to page 44. Merv Stuckey the chair of the NARFE Alzheimer's National Committee has written a very informative article. He noted the many studies of Alzheimer's disease and Type 2 Diabetes. They have found how closely related the drugs currently used to control glucose levels in diabetes may also alleviate the symptoms and progression of Alzheimer's disease. **HOW INTERESTING!** I retired out of the dialysis world and watch the many trials our diabetic patients go through. Alzheimer's in my family is a big concern as it touched my mother and multiple siblings in her family. **OKAY**...time to stop, find your catalog, turn to page 44. 100% of all contributed funds from NARFE go to Alzheimer's Research. Dust off that check book, write our chapter number 888 on your check; make it payable to: NARFE-Alzheimer's Research, OR, top of page 47 is another way to donate. NARFE donation goal: \$13 Million Fund. As of June 30, 2017, \$12,355,786 count!

**Mail it to:** Alzheimer's Association  
225 N. Michigan Ave., 17th Floor  
Chicago, IL 60601-7633

**Deanna Niesen**

**"SUPPORT ALZHEIMER'S RESEARCH"**



**National Active and Retired Federal  
Employees Association Chapter #888  
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